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ABSTRACT

This annotated bibliography lists and describes books in the Educational Materials Review Center (EDMARC) collection for children and young adults which deal with some facet of mental health, physical handicaps, or family life. The mental health category includes books about retardation, severe depression, alcohol and drug abuse, suicide, dealing with feelings and problems, withdrawal, and mental illness. Family life is restricted to books on such contemporary issues as broken homes, working parents, aging, death, and social problems. Each book received favorable reviews in at least two review journals. Titles are organized by grade groups: (1) preschool and beginning readers--preschool through second grade; (2) middle grades--third through sixth grades; and (3) young adults--seventh grade and up. Books for a wide range of age groups are included in the lowest appropriate grade group. (Author/KP)

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# COPING:

## Books About Young People Surviving Special Problems

A Bibliography Based on the Acquisitions of EDMARC

By
Mary DeWitt Billings
Educational Materials Review Center
Office of Education

U.S. Department of Health, Education, and Welfare
Office of Education
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IR005667

## PREFACE

For many years, books have been written for adults concerning such social and personal crises as drug abuse, death, divorce, aging, physical handicaps, and mental retardation. Such books inform, comfort, advise, express understanding, or simply let the reader know that other people have the same problems.

Only recently, however, have books of this kind become very common for children and young adults. This bibliography lists those books in the EDMARC (Educational Materials Review Center) collection which deal with some facet of mental health, physical handicaps, or family life in the 20th century.

Because the designation "family life" is so broad, inclusion of books about family relationships has been restricted to those having as a major element such contemporary issues as broken homes (including divorce, desertion, single parents), working parents, aging, death, social problems (such as runaways, child abuse, adoption), and sex (abortion, venereal disease, rape). In the "Preschool and Beginning Readers" section, this has been expanded to include sibling rivalry and fantasies about facing problems.

The mental health category includes books about retardation, severe depression, alcohol and drug abuse, suicide, dealing with feelings and problems, withdrawal, and mental illness.

To be considered for inclusion a book must have (1) been received at EDMARC between January 1, 1976, and April 30, 1977, and (2) received favorable reviews in at least two of the following review journals:

*Booklist.* Published by the American Library Association, Chicago. Semimonthly, September through July; one issue in August.
*Bulletin of the Center for Children's Books.* Published by University of Chicago Press. Monthly except August.
*Horn Book Magazine.* Published by Horn Book, Inc., Boston. Bimonthly.
*Kirkus Reviews.* Published by Kirkus Service, Inc., New York. Semimonthly.
*School Library Journal.* Published by R. R. Bowker Co., New York. Monthly, September through May.

Titles are organized by grade groups with, roughly, "Preschool and Beginning Readers" containing books for children in preschool (PreS) or kindergarten (K) through second grade (age 4 to 7), "Middle Grades" for third through sixth grade (age 8 to 11), and "Young Adults" for seventh grade (age 12) and up. Books for a very wide range of age groups, such as reference books, have been included in the lowest appropriate grade group.

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## BOOKS FOR PRESCHOOL AND BEGINNING READERS

Adler, David A. *A Little at a Time.* Illus. by N. M. Bodecker. New York: Random House, 1976. Unpaged.

Growth, change, and wisdom come gradually, as Grandpa explains to an inquisitive little girl. Warm sepia-tone illustrations create the feeling of a love-filled relationship between the two as they walk together in the city. (PreS-Grade 2)

Bernstein, Joanne E., and Stephen V. Gullo. *When People Die.* Photos by Rosmarie Hausherr. New York: Dutton, 1977. Unpaged.

A frank discussion of the physical, spiritual, and emotional aspects of death, Bernstein's book emphasizes the importance of accepting death as a part of life. Black and white photos help explain a difficult subject. (Grades 2-4)

Blades, Ann. *A Boy of Taché.* Montreal, Quebec: Tundra, 1973. Unpaged.

Together, the striking water colors and expressive text create a portrait of life on the British Columbian Indian reservation of Taché. Charlie shows, in time of crisis, that he has learned many things from his grandparents, including how to survive in the wilderness. (Library and paperback editions first published 1976.) (Grades 2-4)

Brandenberg, Franz. *I Wish I Was Sick, Too!* Illus. by Aliki. New York: Greenwillow, 1976. Unpaged.

Being sick means getting extra attention, receiving gifts, and not having to do chores and homework. Or so thinks Elizabeth when her brother Edward falls ill. She envies him until she finds out it's really awful to be sick. (PreS-Grade 1)

Dragonwagon, Crescent. *Wind Rose.* Pictures by Ronald Himler. New York: Harper, 1976. 31 p.

In a loving, poetic narrative, a mother explains to her young daughter how she was born on a wild night when the wind rose. Soft black and white water color pictures enhance the story of love, birth, and life. (PreS-Grade 3)

Galbraith, Kathryn Osebold. *Spots are Special!* Pictures by Diane Dawson. New York: Atheneum, 1976. Unpaged.

Eric laughs at his sister's chicken pox. But he finds that if you don't have real spots, you can't be a leopard, a frog, a giraffe, or a Dalmatian! Then he wishes he had spots, too! (PreS-Grade 2)

Hoban, Lillian. *Arthur's Pen Pal.* Illus. by author. "I Can Read" series. New York: Harper, 1976. 64 p.

Determined to best his little sister at everything, Arthur falls down skipping rope and decides that sisters are no fun. But he learns from his pen pal that brothers and sisters actually can enjoy each other's company. (Grades 1-3)

Kellogg, Steven. *Much Bigger Than Martin.* Illus. by author. New York: Dial, 1976. Unpaged.

It can certainly be difficult to be Martin's little brother when Martin makes up the rules just because he's bigger. But Henry evens the score when his imagination makes him much, much bigger than Martin. (K-Grade 2)

Lasky, Kathryn. *I Have Four Names for My Grandfather.* Photos by Christopher G. Knight. Boston: Little, Brown, 1976. 47 p.

A series of black and white photos and a simple first-person narrative show the special relationship between Tom and his grandfather. They love and understand each other, play and talk together, and call each other by special nicknames. (PreS-Grade 2)

Lattimore, Eleanor Frances. *Adam's Key.* Illus. by Alan Tiegreen. New York: Morrow, 1976. 128 p.

Tired of hand-me-downs and of always being the youngest, Adam becomes thoroughly attached to a key he finds (all by himself) and which gives him the admiration and self-confidence he had done without so long. With the key, he's someone special—not just the baby of the family. (Grades 2-4)

Lisker, Sonia O., and Leigh Dean. *Two Special Cards.* Pictures by Sonia O. Lisker. New York: Harcourt, 1976. Unpaged.

When Mom and Dad fight and yell and talk about a divorce, 7-year-old Hazel experiences a whole new set of feelings. First she's angry, then she's afraid. Finally resigned to the way things are, she finds ways to make the best of having separated parents. (K-Grade 3)

Litchfield, Ada B. *A Button in Her Ear.* Pictures by Eleanor Mill. Chicago: Whitman, 1976. Unpaged.

To help those around her—parents, teachers, classmates—understand about her hearing loss, and to "reinforce a healthy attitude" about using hearing aids, Angela explains how she came to get an aid and how it helps her. A very positive approach to a physical handicap. (K-Grade 2)

Peterson, Jeanne Whitehouse. *I Have a Sister: My Sister Is Deaf.* Pictures by Deborah Ray. New York: Harper, 1977. Unpaged.

Not everyone can "feel," as deaf people can, when a dog is barking or tell what people think by watching their eyes. The narrator knows that her sister is special because she can do such things and, even though she is deaf, they understand and appreciate each other, play together, and share the excitement of new discoveries. (PreS-Grade 2)

Schick, Eleanor. *Neighborhood Knight.* "Read-alone" series. New York: Greenwillow, 1976. 64 p.

In his father's absence, this youngster becomes the "knight" protecting the castle (apartment), the queen (his mother), and the princess (his sister). What's more, he can command the sun and moon! He tells his story his own way, while Schick's crosshatch pencil drawings show the reality of his daily life in the city. (K-Grade 3)

Simon, Norma. *All Kinds of Families.* Pictures by Joe Lasker. Chicago: Whitman, 1976. Unpaged.

The simple text and the ink-and-wash drawings express the variety, commonality, and essence of the family unit. Each individual has something to contribute to the whole, though each member is somehow the same and yet also somehow different from the others. (K-Grade 3)

Wolf, Bernard. *Anna's Silent World.* Philadelphia: Lippincott, 1977. 48 p.

Born almost totally deaf, Anna lives in a world of limited, muted sounds. This photo essay shows Anna learning to function normally without normal hearing, and it also shows the people and machines that help her. (Grades 2-4)

## BOOKS FOR THE MIDDLE GRADES

Bach, Alice. *A Father Every Few Years.* New York: Harper, 1977. 130 p.

Neither the most devious schemes nor a straightforward search succeed in turning up Tim's stepfather. He and his mother finally have to face the fact that they've been deserted and must pick up the pieces and go on living. (Grades 6-9)

Berger, Terry. *How Does It Feel When Your Parents Get Divorced?* Photos by Miriam Shapiro. New York: Messner, 1977. 57 p.

Black and white photos and an easy-to-read narrative express in the first person the fears, anger, frustration, and changes experienced by a child whose parents decide to get divorced. The narrator goes through disappointments and confusion about herself and her family but finds it is still possible to be happy. (Grades 3-6)

Bradbury, Bianca. *In Her Father's Footsteps.* Illus. by Richard Cuffari. Boston: Houghton, 1976. 172 p.

After Jenny's mother dies, the bonds between her and her father become stronger, despite the many obstacles they face. Even after his animal hospital burns down and he makes plans to remarry, Jenny wants to be a veterinarian just like him. (Grades 6-10)

Branscum, Robbie. *Toby, Granny, and George.* Illus. by Glen Rounds. New York: Doubleday, 1976. 104 p.

This moving and quietly dramatic story of a young girl who, as an infant, had been abandoned on Granny's doorstep, unfolds against the backdrop of the Arkansas Ozarks. When a baby disappears, the local deacon is murdered, and her real mother suddenly shows up, Toby's actions reflect the unique, unwritten moral laws she has learned in the hill country. (Grades 5-8)

Bunin, Catherine, and Sherry Bunin. *Is That Your Sister?: A True Story of Adoption.* New York: Pantheon, 1976. 45 p.

In a first person account, the narrator tells how she feels as an adopted child, how her family came to adopt another little girl, and how she explains adoption to her friends. Candid black and white photos show a happy interracial family of loving people. (Grades 2-4)

Bunting, Eve. *One More Flight.* Illus. by Diane de Groat. New York: Warne, 1976. 92 p.

Because he is a runaway, emotionally disturbed Dobby quickly develops a deep feeling for the "man-maimed" eagles and hawks that have been brought to earth and lost their freedom. He learns about commitment by helping Timmer, a young man who nurses the birds back to a healthy life in the wilds. (Grades 6-9)

Burns, Marilyn. *The Book of Think: (Or, How to Solve a Problem Twice Your Size).* Illus. by Martha Weston. "Brown Paper School" series. Boston: Little, Brown, 1976. 128 p.

Facing problems and tackling them with brain power—that's what this book teaches. Fun exercises are designed to make the reader more observant, recognize problems, and practice thinking logically. (Grades 3-7)

Byars, Betsy. *The Pinballs.* New York: Harper, 1977. 136 p.

Tough, recalcitrant Carlie, withdrawn Thomas J., and dispirited Harvey join forces to support each other through the ordeal of living in their foster home. This impressive young adult novel has been adopted for television as an "ABC Afterschool Special." May be useful for reluctant readers. (Grades 5-8)

_____. *The TV Kid.* Illus. by Richard Cuffari. New York: Viking, 1976. 123 p.

The boundaries of Lennie's life are defined by the outside dimensions of a television screen. When he finally meets reality, unexpectedly and inescapably, it's in a life-or-death situation. (Grades 4-7)

Coerr, Eleanor. *Sadako and the Thousand Paper Cranes.* Paintings by Ronald Himler. New York: Putnam's, 1977. 64 p.

Sadako died of leukemia at the age of 12, a delayed casualty of the atomic bomb dropped on Hiroshima in 1945. This moving fictionalized biography of a courageous, tenacious little girl facing death is enhanced by full-page black-and-white illustrations. (Grades 3-6)

Collier, James Lincoln. *Give Dad My Best.* New York: Four Winds, 1976. 219 p.

A realistic teenager, Jack is responsible for his trombone-player father, his "crazy" mother, and his little brother and sister. Their many crises are exacerbated by the 1930's long desperate years of Depression. (Grades 5-9)

Colman, Hila. *The Amazing Miss Laura.* New York: Morrow, 1976. 192 p.

Josie learns as much about herself and her own grandfather as she does about Miss Laura, a forceful elderly woman, by taking care of her one summer. She also discovers how insensitive relatives can be about old people and their needs where money and self-interest are concerned. (Grades 6-10)

Corcoran, Barbara. *The Faraway Island.* New York: Atheneum, 1977. 158 p.

Committed to spending a year on Nantucket Island with her aged grandmother, Lynn's life becomes inextricably tangled with the older woman's. Lynn gets the understanding she needs and Grandmother finds a devoted ally. (Grades 5-7)

Gill, Derek L. T. *Tom Sullivan's Adventures in Darkness.* New York: McKay, 1976. 106 p.

Being told that he can't do something because he is blind is a challenge, not a setback, for Tom Sullivan. This book describes the barriers he breaks, the hard-fought-for victories he wins, and the sports, music, friends, and family he enjoys. (Grades 5-9)

Green, Phyllis. *Mildred Murphy, How Does Your Garden Grow?* Drawings by Jerry Pinkney. Reading, Massachusetts: Addison-Wesley, 1977. 89 p.

The new kid in an old house (in an old neighborhood inhabited by old people), Mildred is depressed, but not defeated. She befriends the mysterious old Gertie, who secretly moves into a condemned garage. Mildred then begins to appreciate the gifts elderly people have to give. (Grades 4-6)

Greene, Constance C. *Beat the Turtle Drum.* Illus. by Donna Diamond. New York: Viking, 1976. 119 p.

Unlike many sisters, Kate and Joss are very close, despite the former's devotion to becoming a writer and the latter's absorption in saving money to rent a horse for a week. Greene creates a very human story of a family coping with daily life and with death. (Grades 5-8)

Hautzig, Esther. *Life With Working Parents: Practical Hints for Everyday Situations.* Illus. by Roy Doty. New York: Macmillan, 1976. 124 p.

Practical advice for the youngster who is left alone during parts of the day, this handbook includes safety hints, tips for keeping organized, ways to help around the house, use of small appliances, and recipes. It also covers caring for smaller children and pets, getting along when a parent works at home, and just keeping yourself occupied. With bibliography and "Emergency Phone Numbers" card. (Grades 4-8)

Hopkins, Lee Bennett. *Mama.* New York: Knopf, 1977. 90 p.

"Do what your Mama says, and don't ask questions," said Mama. But soon there are so many questions about Mama's peculiar behavior—bringing home new Easter outfits when there's no money, mysterious "gifts," elaborate Christmas decorations that can't be paid for—that even her incessant chatter can't keep her oldest boy from finding the answers. (Grades 4-6)

Hunter, Evan. *Me and Mr. Stenner.* Philadelphia: Lippincott, 1976. 157 p.

It's hard to love two fathers, especially when the second one isn't even married to your mother yet. But Abby has to learn how to cope with her part of the divorce and remarriage . . . and with Mr. Stenner! (Grades 5-7)

Kalb, Jonah, and David Viscott. *What Every Kid Should Know.* Boston: Houghton, 1976. 128 p.

The purpose of this book is to let kids know that others have problems similar to theirs and to talk straightforwardly about "feelings, relationships, and attitudes" in a way 9- to 12-year-olds can really understand. Subject matter includes feelings, dealing with parents and friends, discovering oneself, and divorce. (Grades 4-7)

Kennedy, Richard. *Come Again in the Spring.* Pictures by Marcia Sewall. New York: Harper, 1976. 47 p.

Because the birds depend on Old Hark to feed them during the winter, he refuses to go when Death comes to call for him. In folk tale style, he negotiates for an extension of time. (Grades 3-5)

LeShan, Eda. *Learning to Say Good-By: When a Parent Dies.* Illus. by Paul Giovanopoulos. New York: Macmillan, 1976. 85 p.

Through actual examples LeShan deals "very frankly with things we know happen to people when someone they love dies." Sensitive and honest, this guide may help a child (or an adult involved with a child) understand and cope with death *and* life. (Grades 4-8)

Levy, Elizabeth. *Lizzie Lies a Lot.* Illus. by John Wallner. New York: Delacorte, 1976. 102 p.

Like the boy who cried "Wolf," Lizzie makes up lies for fun . . . and for gags, and excuses, and escapism, and every other reason imaginable. But somehow the lies grow and grow until they become too much even for Lizzie! (Grades 3-5)

Love, Sandra. *But What About Me?* Illus. by Joan Sandin. New York: Harcourt, 1976. 152 p.

Lucy finds her life totally disrupted when her mother decides to pursue a career. But eventually Lucy learns to appreciate the satisfaction her mother gains from working and begins to realize she must learn to take care of herself more and more. (Grades 4-6)

Luger, Harriett. *Chasing Trouble.* Illus. by Diane de Groat. New York: Viking, 1976. 119 p.

A strawberry patch, a stray gopher, and an ecology-freak of a science teacher contribute to teaching Vicki what happens when you start to care about something besides just chasing trouble . . . and what to do when trouble catches you. (Grades 6-9)

Naylor, Phyllis Reynolds. *Getting Along in Your Family.* Drawings by Rick Cooley. Nashville: Abingdon, 1976. 109 p.

The way you argue, express love and loyalty, decide what's fair, handle money problems and family crises, share, do chores, and show your feelings in your family—these make the difference between a pleasant household environment and a home disaster area of interpersonal relationships. (Grades 4-7)

Parker, Richard. *He Is Your Brother.* Nashville: Nelson, 1974. 98 p.

Sharing his brother's interest in trains and his father's in music turns out to be the best treatment for autistic Orry. His struggle and his family's effort to help are woven into the story. (Grades 5-7)

Richards, Arlene, and Irene Willis. *How To Get It Together When Your Parents Are Coming Apart.* New York: McKay, 1976. 170 p.

For young people and those trying to help them survive their parents' marital problems, this comprehensive guide can be a sympathetic, well-informed adviser. Richards and Willis talk frankly about feelings, legalities, rights, and adjustments involved in divorce and separation. Includes lists of institutions and people who can help. (Grades 6-12)

Roberts, Willo Davis. *Don't Hurt Laurie!* Drawings by Ruth Sanderson. New York: Atheneum, 1977. 166 p.

Locked into a world of hatred and physical abuse, Laurie is terrorized by her mother. Is it because her mother sees in Laurie characteristics of the father who deserted them, or because she really hates Laurie? (Grades 5-8)

Rosen, Winifred. *Cruisin for a Bruisin.* New York: Knopf, 1976. 150 p.

Although Winnie's story is set in 1957, her problems are much the same as those of modern-day teens. Giddy, awkward, daring, and sometimes confused, she plows through early adolescence. (Grades 6-10)

Shura, Mary Francis. *The Season of Silence.* Illus. by Ruth Sanderson. New York: Atheneum, 1976. 123 p.

A prolonged illness that keeps her shut away for several weeks isn't the only cause of Susie's feelings of isolation. She knows that something is wrong between her older sister Carrie and her parents. Also, her best friend deserts her. She finds refuge in a quiet grove where she can be alone. (Grades 5-8)

Silman, Roberta. *Somebody Else's Child.* Illus. by Chris Conover. New York: Warne, 1976. 64 p.

Peter's mother tells him about his adoption, but he doesn't actually begin to understand how she can care deeply about him until he goes on a midwinter search for two lost pets. (Grades 4-6)

Towne, Mary. *First Serve.* Drawings by Ruth Sanderson. New York: Atheneum, 1976. 214 p.

As if to compensate for the ugly scar on her face, Pat's parents encourage and support her career in what they consider the glamorous, elite sport of tennis. But where does that leave her sister, Dulcie who is actually a better player? Includes glossary of tennis terms. (Grades 5-7)

Vogel, Ilse-Margret. *My Twin Sister Erika.* New York: Harper, 1976. 54 p.

It is good to have a sister who is so close to you and looks so much like you that sometimes she

can ..e you. But when Erika dies, Inge isn't sure who she really is. (Grades 3-5)

Weiss, Malcolm E. *Seeing Through the Dark: Blind and Sighted—A Vision Shared.* Illus. with photos. New York: Harcourt, 1976. 84 p.

Of the many ways to perceive without seeing, Weiss talks about the "senses" of touch, motion, taste, communication, smell, thought, and also of others of which we're usually unaware. (Grades 5-8)

Windsor, Patricia. *Mad Martin.* New York: Harper, 1976. 119 p.

Martin is a recluse, emotionally handicapped from years of isolation from everyone but his hermit grandfather. He is thrust suddenly into a situation that forces him to learn friendship, trust, love, and hate. Set in London. (Grades 5-8)

Wolf, Bernard. *Connie's New Eyes.* Photos by author. Philadelphia: Lippincott, 1976. 96 p.

Wolf's black-and-white photo essay follows Blythe, a golden retriever, from puppyhood through her training as a seeing-eye dog to her new life with blind mistress Connie. Facts are skillfully intertwined with this touching story. (Grades 3-6)

Wolitzer, Hilma. *Out of Love.* New York: Farrar, 1976. 147 p.

Teddy hopes against hope that her separated parents will get back together and life will return to "normal." Accepting the divorce as final (even though her mother still keeps a shoe box full of old love letters in the closet) is a painful adjustment. (Grades 6-8)

Young, Miriam. *No Place for Mitty.* New York: Four Winds, 1976. 123 p.

At the turn of the century, there were few ways for a divorced woman to earn enough to support herself and her three children. To help relieve the burden, her mother sends tomboyish Mitty off to live with a strict aunt and receive "genteel" schooling. Grandma comes to the rescue. (Grades 4-8)

**BOOKS FOR YOUNG ADULTS**

Beckman, Gunnel. *That Early Spring.* Translated from the Swedish by Joan Tate. New York: Viking, 1977. 121 p.

Her mother moves out, her paternal grandmother moves in; boyfriend Jan exits, boyfriend Martin enters. Mia's own uncertainty is reflected in family uproar, in her views of women's lib, and her unexpected friendship with her aged grandmother. (Grades 7-10)

Bridgers, Sue Ellen. *Home Before Dark.* New York: Knopf, 1976. 176 p.

When her migrant family settles down on a farm in North Carolina, Stella is faced with the trauma of permanence; a permanent home, permanent friends, and permanent roots. She faces her mother's death and father's remarriage with strength and determination. (Grades 6-10)

Busch, Phyllis S. *What About VD?* New York: Four Winds, 1976. 114 p.

What it is, what it does to the person who has it and passes it on, how to avoid and control it, and what to do about it are covered in this venereal disease fact book for young people. With glossary, "hot line" information, and bibliography appended. (Grade 7-up)

Carlson, Dale. *Triple Boy.* New York: Atheneum, 1977. 172 p.

The traumas of seeing his little brother killed and of his parents' divorce sent Paul into the hysterical safety of a split personality. But he has understanding friends, professional help, and a strong will to help him get back together. (Grades 7-10)

Clark, Mavis Thorpe. *The Sky Is Free.* New York: Macmillan, 1974. 173 p.

Two boys, each running away from his own world, each vastly different from the other, join forces to face a rugged life in the Australian outback. Working in an opal mine (their punishment for stealing), they unexpectedly find more than they seek. (First American edition 1976) (Grades 6-9)

Cohen, Daniel. *Dreams, Visions, and Drugs: A Search for Other Realities.* New York: Watts, 1976. 138 p.

Mystical and religious experiences, drug-induced hallucinations, possession, madness, hypnosis, visions, pain-relief drugs, dreams: the age-old puzzle of what is "real" remains, despite modern science and society. Cohen examines the stories of many who have experienced other "existences." (Grade 8-up)

Corcoran, Barbara. *Axe-Time/Sword-Time.* New York: Atheneum, 1976. 201 p.

After freeing herself from a mother who pushes her toward college in spite of a reading disability, Elinor begins to realize that her own private battles are less important than the contributions she can make to the war effort. Her parents are separating, World War II is raging, and Elinor is growing up. (Grades 7-10)

Eagan, Andrea Boroff. *Why Am I So Miserable If These Are the Best Years of My Life?: A Survival Guide for the Young Woman.* Illus. by Russell Hoover. Philadelphia: Lippincott, 1976. 252 p.

Practical and straightforward, this book is designed to help teenage girls understand and make mature decisions about the things that confront most adolescents: careers, sex, schooling, family and outside relationships, legal rights, etc. Also quite useful for boys. With bibliography. (Grades 7-12)

Ewen, Robert B. *Getting It Together: A Guide to Modern Psychological Analysis.* New York: Watts, 1976. 127 p.

Realizing you have certain hang-ups that influence your behavior, Ewen says, is the first step in eliminating them. This book discusses the most common neuroses, their causes, analyses, and cures. An interesting, self-help guide. With bibliography and glossary. (Grade 8-up)

Feagles, Anita Macrae. *The Year the Dreams Came Back.* New York: Atheneum, 1976. 146 p.

Nell learns to cope with her temperamental-artist father and her grandmother after her mother's suicide. The hardest lesson is the one she learns about what makes a friendship. (Grades 7-9)

Glaser, Dianne. *The Diary of Trilby Frost.* New York: Holiday House, 1976. 189 p.

The narrative carries the reader in and out of Trilby's diary, in which she records her grief and despair at the deaths of her father, brother, and closest friend, as well as all the joys and tribulations of a Tennessee teenager growing up in the early 1900's. (Grades 7-10)

Horwitz, Elinor Lander. *Madness, Magic, and Medicine: The Treatment and Mistreatment of the Mentally Ill.* Philadelphia: Lippincott, 1977. 191 p.

"Bedlam," the "celestial bed," "magnetic sleep," "psychopharmacology," and "primal therapy" are all parts of the history of mental illness and its treatment. Horwitz explains the evolution of attitudes, research, and practices, and discusses several modern forms of therapy. With bibliography. (Grade 8-up)

Hunt, Irene. *The Lottery Rose.* New York: Scribner's, 1976. 185 p.

In his agonizing world of abuse, neglect, and hatred, Georgie has only one battered rosebush for a friend. But the bush helps him find a rational world where people care for him and where he can learn about trust and love. (Grades 6-9)

Klagsbrun, Francine. *Too Young to Die: Youth and Suicide.* Boston: Houghton, 1976. 201 p.

The alarming, increasing suicide rate among young people is a statistic we cannot ignore, holds Klagsbrun. This book discusses the symptoms, problems, feelings, and effects of suicidal teens and gives practical advice on how and where to get help. (Grade 8-up)

Klein, Norma. *Hiding.* New York: Four Winds, 1976. 117 p.

Hiding for a week in the attic doesn't solve anything for Krii; when she comes out, the world is still complex, sex roles are still confusing, and relationships are still uncertain. (Grades 7-12)

Konigsburg, E. L. *Father's Arcane Daughter.* New York: Atheneum, 1976. 118 p.

When a daughter suddenly shows up 17 years after her kidnapping, life is interrupted for the entire family, and eternally altered for some of its members. (Grade 6-up)

Landau, Elaine. *Death: Everyone's Heritage.* New York: Messner, 1976. 127 p.

The author's objective is to "demystify" our notions about death and to help establish realistic attitudes about dying, caring for the terminally ill, burial, etc. Landau treats without morbidity a facet of life that touches everyone. (Grades 7-10)

Langone, John. *Bombed, Buzzed, Smashed, or . . . Sober: A Book About Alcohol.* Boston: Little, Brown, 1976. 212 p.

With insight and understanding, Langone speaks directly to teenagers, using actual case histories, quotations from their contemporaries, definitions, and facts to correct many misconceptions about alcohol. With quizzes and glossary. (Grade 7-up)

LeRoy, Gen. *Hotheads.* New York: Harper, 1977. 249 p.

Old, sick, and drunk, Babu is understood by no one except his granddaughter, Geneva. Her strict parents and emotional sister don't believe that Geneva could be a vandal, and the kids at school don't understand her at all. (Grades 6-9)

MacCracken, Mary. *Lovey: A Very Special Child.* Philadelphia: Lippincott, 1976. 189 p.

Fiercely dedicated to helping emotionally disturbed children, MacCracken relates the true story of 8-year-old Hannah's struggle toward a normal life, and of her own fight to become a "real teacher." (Grade 8-up)

Madison, Winifred. *Call Me Danica.* New York: Four Winds, 1977. 203 p.

Danica's father was a farmer, resolved not to pursue any kind of new life. But after his death the old-fashioned Croatian family must find its way alone in Vancouver and must struggle to become Canadian while still retaining faith in the old ways and keeping Father's good values. (Grades 5-8)

Majerus, Janet. *Grandpa and Frank.* Philadelphia: Lippincott, 1976. 192 p.

The 180-mile journey to Chicago must be made, Sarah figures, if she is to find a doctor willing to declare her grandfather mentally competent. The anxiety and hilarity of the trip, pressing 13-year-old Joey into service as chauffeur and guardian, even lying . . . anything seems abundantly worthwhile to keep Grandpa out of the county home. (Grade 8-up)

Marks, Jane. *Help: A Guide to Counseling and Therapy Without a Hassle.* New York: Messner, 1976. 190 p.

This is an informal, straightforward discussion of real problems—abortion, suicide, severe depression, drug addiction, anxiety—and how to get help with them. Includes alternatives to psychiatry, accessibility of counseling, and crisis survival. With bibliography. (Grades 7-12)

Mazer, Norma Fox. *Dear Bill, Remember Me? and Other Stories.* New York: Delacorte, 1976. 195 p.

In eight short stories, Mazer paints portraits of eight young women, each struggling with some aspect of the world in which she finds herself. For example, one faces death, another breaks away from home entanglements to live her own life, another copes with a drunken, part-time father. (Grades 7-12)

McKillip, Patricia A. *The Night Gift.* Illus. by Kathy McKillip. New York: Atheneum, 1976. 156 p.

Three friends work together to make a special place where someone can be alone amid peace and beauty. The "someone" is Barbara's emotionally disturbed brother, and the place is a gift created by the three at night. (Grades 7-9)

Nöstlinger, Christine. *Girl Missing.* New York: Watts, 1976. 139 p.

The cold, awkward family situation that drove Ilse to run away from home worsens with the strain of her absence. The tension mounts as her younger sister, Erika, secretly tries to find her. Translated from the German. (Grades 7-10)

Peck, Richard. *Are You in the House Alone?* New York: Viking, 1976. 156 p.

The terrorizing and rape of a young girl are told with alarming realism. The prelude, the aftermath, and the effects on everyone involved are reported and examined in this emotionally devastating novel. (Grades 8-11)

Rodowsky, Colby F. *What About Me?* New York: Watts, 1976. 136 p.

Torn between love for her mongoloid brother and feelings that she is neglected, confined, and ignored because of him, Dorrie struggles through her high school sophomore year. His death affects her profoundly. (Grades 7-9)

Roth, Arthur. *The Secret Lover of Elmtree.* New York: Four Winds, 1976. 165 p.

What do you do when your adoptive parents are willing to send you back to your natural father (who offers you a new Maserati) and your girlfriend goes off to be an actress? Greg's answer is to get drunk on beer and attempt suicide . . . on No-Doz tablets! A serious subject is handled with humor and warmth. (Grades 7-11)

Rubin, Arnold P. *The Youngest Outlaws: Runaways in America.* Introduction by Senator Birch Bayh. New York: Messner, 1976. 191 p.

Running away is nothing new, but the number of runaways has grown so large (about 2 million a year), the runaways so young, and the dangers on the streets so numerous, that the problem has grown to phenomenal proportions. Rubin tells who runs away and why, and what kind of help is available. (Grade 7-up)

Shanks, Ann Zane. *Old Is What You Get: Dialogues on Aging by the Old and the Young.* Photos by author. New York: Viking, 1976. 110 p.

In the hope that knowledge brings understanding and attitudinal change, Shanks sets out to learn what it's like to be aged, and what young people *think* it's like. These photos and transcribed dialogues show the reader how it feels to be what everyone will eventually be . . . old. (Grade 7-up)

Spence, Eleanor. *The Devil Hole.* New York: Lothrop, 1976. 215 p.

It seems to fall to Douglas, the middle son, to take care of autistic Carl, the youngest. All the members of his Australian family must learn about Carl's problem before they can come to grips with the fact that he will never grow up to be like other people. (Grades 6-8)

Steptoe, John. *Marcia.* Illus. by author. New York: Viking, 1976. 81 p.

In Steptoe's first short novel, a young urban black girl encounters and resolves a problem that faces many teenagers: the choice between sex before she feels ready for it and the possibility of losing her boyfriend. With black dialect and large print, this may appeal to reluctant readers. (Grades 7-10)

Wilkinson, Brenda. *Ludell and Willie.* New York: Harper, 1977. 181 p.

In this sequel to *Ludell,* Mama (Ludell's grandmother) seems to change drastically as Ludell grows up and makes plans for her own life with Willie. But when Mama falls ill and Ludell's mother shows up, her plans are changed suddenly and profoundly. In southern black dialect. (Grades 6-9)

Windsor, Patricia. *Diving for Roses.* New York: Harper, 1976. 248 p.

In her efforts to come to grips with the realities of her life, Jean struggles to accept her mother's alcoholism, to find something to believe in, and to resist pressures to marry solely because of her pregnancy. She can no longer remain a recluse, dependent on her mother. (Grade 9-up)

Yep, Laurence. *Child of the Owl.* New York: Harper, 1977. 217 p.

Until her father got beaten up and sent to the hospital, Casey gave very little thought to her maternal grandmother, Paw-Paw, or to her own Chinese heritage. After living with Paw-Paw, though, she begins to understand and appreciate the old woman, her stories about their family's "owl spirit," and her recollections of Casey's mother. (Grades 5-8)

Zindel, Paul. *Pardon Me, You're Stepping on My Eyeball!* New York: Harper, 1976. 262 p.

Unlikely allies, "Marsh" Mellow and Edna Shinglebox meet in group therapy and end up helping each other in spite of themselves. He believes his dead father is really being held prisoner in an asylum and she is a friendless, family-dominated brat. (Grades 7-10)



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